

# Master Mind Group Guidance

This is a suggested approach for conducting your Master Mind meeting:

## CHECK-IN/REQUESTS:

- Establish an atmosphere of excitement and expectation by opening with a brief period of sharing. This is a time for “progress reports” in which group members share successes, actions completed, experiences achieved, or prayers answered.
- The person serving as facilitator opens the meeting by reminding the group of the presence of a power greater than themselves waiting to respond to their needs in a focused, personal way... all they need to do is ask.

## THE 8 STEPS OF MASTER MIND CONSCIOUSNESS:

- The facilitator then guides the group through the 8 Steps into the Master Mind Consciousness steps, one at a time. Each member responds aloud to each step, addressing the Master Mind in the presence of the group.

## ASKS / REQUESTS:

- In Step 6 of the Master Mind Consciousness Steps, each member makes known his, her or their personal requests and receives, in the process, the full attention and support of every other member. As each person states a request, other members respond, in turn, with an affirmation such as: Your Master Mind request is clear, and I believe and see your requests arriving in powerful and undeniable ways.

## CELEBRATION OF ONE ANOTHER

## CLOSING PRAYER

### **Master Mind Partners**

A Master Mind partner is a member of a support group comprised of two or more people. Members of a Master Mind group choose the persons with whom they wish to be in partnership. All existing members of the group must agree upon admittance of any new partner.

A Master Mind partner is someone to call when support or guidance is needed. Master Mind partners remain in close contact with each other, either in person, online, via text or by phone. The knowledge that spiritual support is “as close as a call or text” can be a source of strength and comfort when a group member is experiencing difficulties. There is joy in being able to instantly share news of an answered prayer with one who understands and joins you in the spirit of gratitude.

A Master Mind partner respects confidentiality. Because of the closeness of a Master Mind alliance, deeply personal facts and feelings are often shared. Each member's ability and willingness to honor those confidences is essential to maintain the spiritual bond between members and with the group.

Please refer to the Master Mind Meeting Request Tab in the back your Master Mind Journal to write down the requests that you hear from your Master Mind partners. This act is a commitment to your partners, so that you may hold the energy of their success in partnership with the Master Mind