



Weekly Family Activities for October, 2023

IN-SPIRIT-ATIONAL LIVING

WITNESSING THE TRUTHS OF SPIRIT: Everything is energy; time is an illusion; our souls know the way; we are never alone; healing comes from within; ... how do these truths of spirit show up on the darkest days and why are they important to our lives?

SUNDAY: THE DIVINITY OF HALLOWEEN AS WE WITNESS THE TRUTHS OF SPIRIT:

Looking at Halloween through a metaphysical lens, you can will find that it directly aligns with the five universal principles that are the basis of Unity teachings and the 12 powers or divine attributes in each of us that were developed by Unity cofounder Charles Fillmore.

Consider Halloween in the context of the five principles with related scriptures:

1. There is one presence and one power active as my life and in the universe. If the presence of God is everywhere and in everything, then it is also in the celebration of this "holy evening." As we say in Unity, there is no spot where God is not.

For I, the Lord your God, hold your right hand; it is I who say to you, "Do not fear, I will help you."—Isaiah 41:13

2. God's divinity is in me and in everyone and everything. No matter what masks or costumes we wear, we cannot hide the innate divinity within ourselves. Halloween reminds us of the unconditional love of God. It shows us that universal love pertains to everyone, no matter how we show up in the many guises of human consciousness.

For God shows no partiality.—Romans 2:11

3. I create my experience by what I choose to think, what I believe, and what I feel. We have the power and freedom to decide for ourselves whether Halloween is a spiritual experience. By letting go of old beliefs, we can affirm that nothing can harm us and there is no need to fear the past or the present. We can choose to celebrate Halloween for its Christian roots.

For I am convinced that neither death, nor life, nor angels, nor rulers, nor things present, nor things to come, nor powers, nor height, nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.—Romans 8:38-39

4. Through prayer and meditation, I connect with God and bring out the good in my life. Prayer has long been a central theme in many Halloween customs. Like the original trick-or-treaters, we bring forth our good through the power of prayer.

But whenever you pray, go into your room and shut the door and pray to your Father who is in secret; and your Father who sees in secret will reward you.—Matthew 6:6

5. By living the Truth I know, I make a difference. As we celebrate the harvest season with gratitude, we acknowledge that only by walking our talk can we experience the abundant blessings of this holy evening.

For we walk by faith, not by sight.—2 Corinthians 5:7

Rev. Sandra Campbell



12 POWER SPIRITUAL AWAKENING ON HALLOWEEN



When it comes to the 12 powers, our divine inner attributes, Halloween gives us an opportunity to witness them in action.

The power of imagination is evident in the decorations and costumes. The porch lights welcoming trick-or-treaters symbolize life, order, and wisdom.

The excitement of trick-or-treaters calls upon zeal, faith, and love.

The freedom of expression relates to our ability to gain power over our fears; release outdated thoughts, beliefs, and feelings; and acquire a greater understanding of the positive aspects of the holiday. By recognizing the presence of God in everyone and everything, we acquire the strength to see beyond appearances to the Allness of God and use our will to make choices from divine consciousness.

Halloween can represent many things. I see it as a reflection of human consciousness, where we may find ourselves hiding behind invisible masks and disguises, trying to avoid our own false beliefs in the ghosts that haunt us, such as fear, shame, guilt, and regret. By looking at Halloween through a spiritual lens, we recognize it as a time to witness the love of God in all of creation and in every experience.

Rev. Sandra Campbell

METAPHYSICAL HALLOWEEN



Halloween and All Saints Day also provide an example of Unity's principle of denial and affirmation. On one hand, Halloween can be seen as a denial of the power of fear and darkness in our life. And on the other hand, All Saints Day can be seen as an affirmation of what we want now and inviting that into our lives; therefore, Halloween does not have to be filled with fear, but it can be a time to give just a little extra thought to the fact that we are spiritual beings with eternal life. Consider the idea that we live on in different forms and in different ways. We continually recreate ourselves through the cycles of life. Whatever "deaths" you have experienced this year whether it be death of ideas, loved ones, attitudes, relationships, or dreams, Halloween is the perfect time to honor the shift and to welcome the new energy into your life.

So the celebration of Halloween in metaphysical terms is a spiritual movement from darkness into the light. We recognize and deny the power of fear over us. We do this, not by tricking it, but rather by treating it with respect and acknowledgement. We admit that we feel scared by skeletons in our closet, by ghostly appearances, by mysterious witches and potions, ugly emotions, unexpected obstacles. Yet, by remembering the light of God that is inside each of us, we are able to move through life shining light on our path and casting out the darkness.

Even though we may feel like a goblin or a ghost, we remember that we are all the same, filled with Christ light. We are all potential saints to those around us. Even with our masks on we cannot disguise who we truly are in spirit. We make a difference by expressing love and by doing that we allow spirit to shine forth to guide us along our path.

WEEKLY FAMILY ACTIVITIES



This week, I hope you take the opportunities to special time together as a family, sharing your family traditions and sharing family history.

Engage with the your on what they learned with the Mystical Magical Potion Class. Create your own Magic with your family. Reference Potion and Chakra information on the additional pages of this Newsletter.

I take a moment of silence to be with my fear. I am imagining a terrible thing in the darkness of my mind. Is it real? Why do I scare myself so? Spirit of Truth within me, help me to focus my heart on the presence of light, not darkness. I am secure, safe, and surrounded by love right now.

The Metaphysics of Halloween

By Rev. Sandra Campbell

The first time we celebrated Halloween at my Unity church, it was met with strong disapproval. Some members of the congregation expressed the belief that Halloween stood for dual powers—good and evil—and did not fit into Unity teachings of oneness. Yet despite the dark history of Halloween, there is a spiritual perspective.

As a child, I never gave a second thought to its origin. It was just plain old, unadulterated fun, and I could hardly wait for October 31 to roll around. We used mops, brooms, brown paper bags, pillowcases, and whatever we could gather to create unique costumes. It was a magical time as each of us kids took special pride in the amazing disguises we created from little or nothing

At our family's Calvary Baptist Church, the adults hosted a "heaven and hell social" on the Saturday before Halloween. We got our fill of homemade chili, vanilla ice cream, and devil's food cake; bobbed for apples; had costume contests; and played musical chairs. To test our ick factor, we were blindfolded and guided to put our hands into bowls of cooked spaghetti that felt like worms and peeled grapes that we were convinced were eyeballs.

On Halloween, as soon as the sun went down, all the kids in the neighborhood would run from door to door wherever there was a welcoming porch light inviting us to speak the three magic words: trick or treat! The waiting adults seemed as excited as we were as they handed out candy in exchange for our creativity, laughter, and enthusiasm.

A Holiday of Gratitude

It is true that the celebration began as an ancient Celtic tradition with monsters, headless horsemen, and the expected return of the dead, welcome and unwelcome. Yet the name itself means "holy evening." It was one of many pagan holidays appropriated by the church and became the eve of All Saints' Day on November 1. The practice of trick-or-treating began as a medieval Christian tradition where the poor visited wealthy homes and offered prayers in exchange for food and beer.

Unlike Halloween centuries ago, in the United States and other countries, Halloween today has the tone of Christian values—love of others, generosity, joy, and thanksgiving. Some cultures celebrate the holiday as a sign of gratitude towards the innovative and brave souls who helped to shape it into the holy celebration it is intended to be. For others is a time of remembrance of and prayers for loved ones who have passed away.



God's Love in All Creation

Halloween is still as exciting to me as it was when I was a child. It is one of those rare occasions when I allow my inner child to come out and play. I have unspoken permission from family, friends, and neighbors to get a little crazy. I spend hours decorating my porch with every movable, scary, and loud thing imaginable. I employ a fog machine, strobe light, motion sensor, creepy crawlies, and characters, underscored by the music of Halloween blasting from beneath a handmade spiderweb. As unsuspecting would-be ghosts, ghouls, goblins, action figures, and imitation public figures approach, I leap from behind my door dressed in my best witch regalia and let loose with a loud cackle that could wake the dead. My greatest thrill is seeing the reaction of the children, many accompanied by adults, who seem to enjoy the holy evening as much as I do. From a Christian perspective, Halloween can represent many things. I see it as a reflection of human consciousness, where we may find ourselves hiding behind invisible masks and disguises, trying to avoid our own false beliefs in the ghosts that haunt us, such as fear, shame, guilt, and regret. By looking at Halloween through a spiritual lens, we recognize it as a time to witness the love of God in all of creation and in every experience.

YouTube Halloween Stories for the family



https://www.youtube.com/watch?v=L_eAKG1paUk

In this video, children will learn all about the history and traditions of the Halloween holiday.

[00:00](#) What is Halloween? [0:31](#) What is the history of Halloween? [0:59](#) Where did the name "Halloween" come from? [1:27](#) What are some Halloween traditions? [1:31](#) Costumes [2:03](#) Trick-or-Treating [2:49](#) Pumpkins [3:11](#) Halloween in July



<https://www.youtube.com/watch?v=p4mkO7038JY>

WOW! Learn about all Halloween in this fun facts video for kids! These fun facts are great for all children! You will learn that Halloween is not all about being scared, but is a holiday all about fun! [00:00](#) Introduction [0:56](#) What is Halloween about? [1:53](#) How much money is spent on candy? [2:32](#) People used to carve turnips [3:26](#) The history of Halloween [6:08](#) The story of Trick-or-treating

<https://www.youtube.com/watch?v=E6AssZW5LUg>

Join Ella and her adventurous friends as they uncover the secrets of an extraordinary pumpkin patch filled with talking pumpkins and friendly ghosts. Watch as they embark on a heartwarming journey of wonder, laughter, and lasting friendships in the enchanting tale of "The Pumpkin Patch Mystery." Perfect for families and those who believe in the magic of autumn!



HALLOWEEN

CROSSWORD PUZZLE

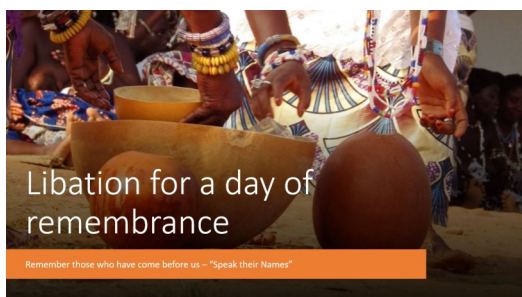


Across:

2. Another word for frightening
3. She wears a pointy hat
6. Don't let this cat cross your path!
8. He has a green face and bolts in his neck
9. This makes a jack-o-lantern
11. Trick or _____

Down:

1. October 31
2. The itsy bitsy _____
4. Disguise
5. These animals howl at the moon
7. He turns into a bat
10. A witch's transportation



Honoring our Ancestors: Libation for Remembrance - <https://youtu.be/9E-G9wBxau8>

ConnectNow RU. el **Dia de los Muertos/All Saints Day** with Akinyemi and Mariel Blake. A Healing Conversation titled, "Nothing Ever Really Dies." During this ZOOM virtual gathering, Akinyemi and Mariel shared traditions and methods to honor our ancestors as well as discuss our thoughts on death, grief, loss and personal transformation.

YouTube recording: <https://www.youtube.com/watch?v=oBLk8YjUDIM>.

DIA DE LOS MUERTOS



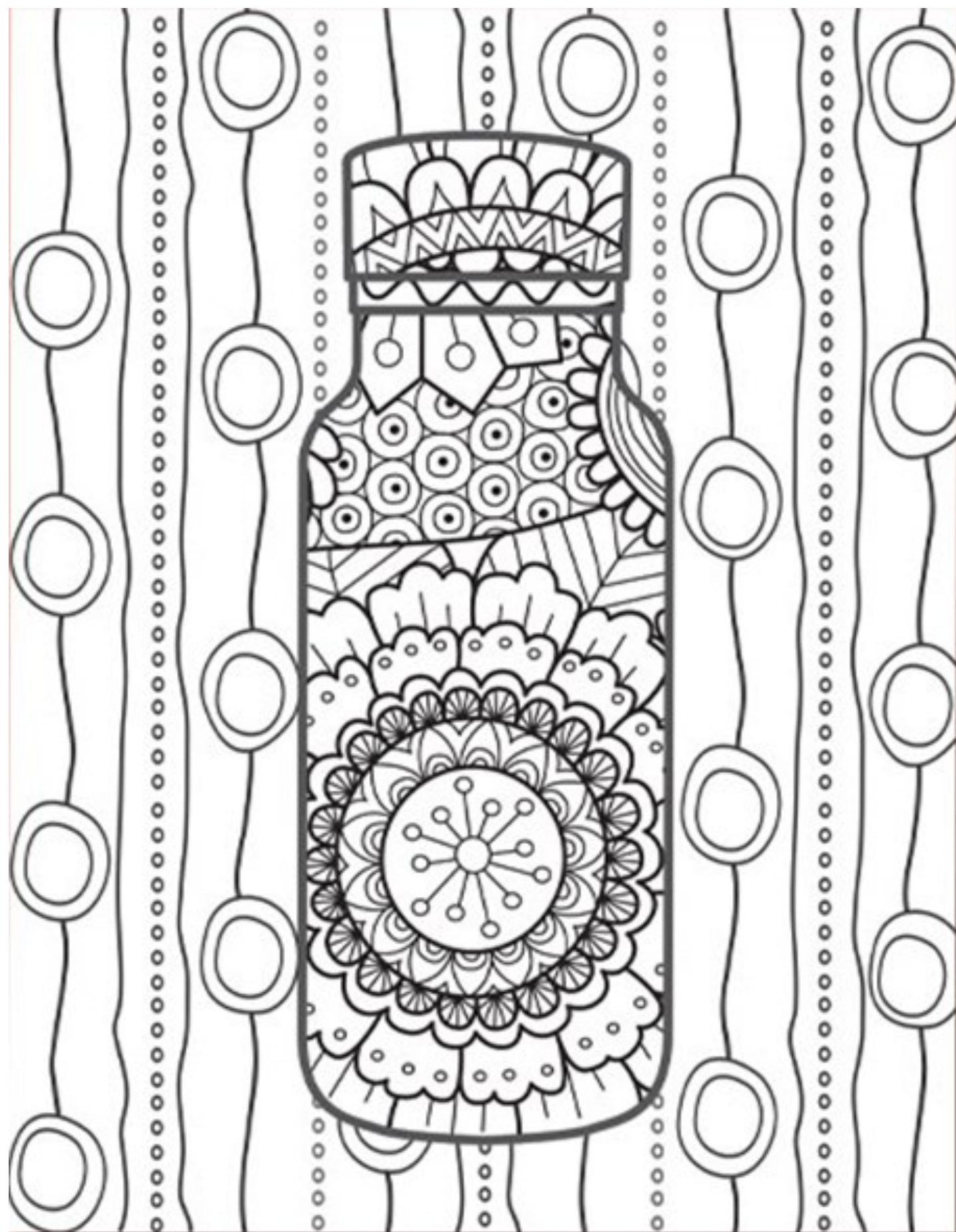
Use these links to learn more about these Holidays:

Dia de los Muertos is a Mexican/Latin holiday where families and friends gather to pray, honor, and remember those who have gone before us.

Use this [LINK](#) to Learn more about the ["Day of the Dead"](#) and it's cultural significance.

In latin cultures, they also honor this day as **All Saints day** where they honor their Ancestors and those who have come before us. Dia de los Muertos is celebrated from October 31 to November 2, and is not a sanctioned Catholic observance. By contrast, All Souls Day is a day that Roman Catholics observe to remember dead loved ones. ... On November 2 we pray for the dead so that their souls can be cleansed and made ready to meet God.







[How Do Day of the Dead and All Saints Day Compare? - Original Botanica | Original Products Botanica](#)

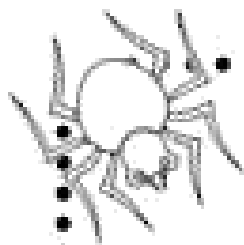


Halloween Sudoku

Complete the sudoku. You must only use each image once per row, column, and four-by-four grid.

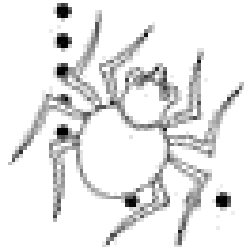
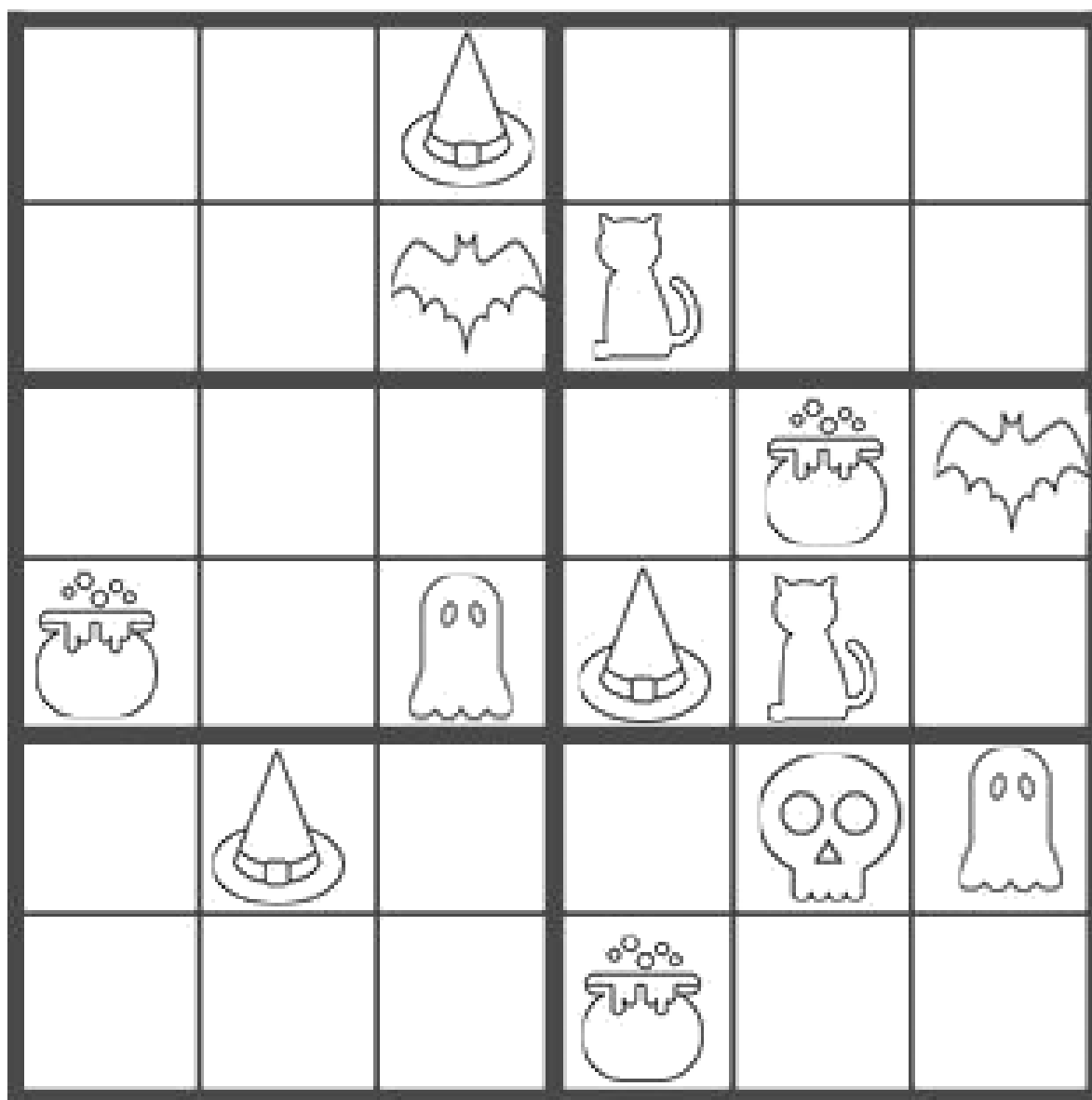




Halloween Sudoku

Directions: Draw in the missing pictures so that each row, column and 2x3 grid contains one and only one example of each picture.





HALLOWEEN WORD SEARCH



Find the words below.

W T N E M E T I C X E M K Q E W M R T T
M W L T S E V R A H B M O N S T E R D Q
C Y Z N O C T O B E R E E R I E L T V V
Z O T V M D H W E X H L T F G O B L I N
K B S K K B B A V I O X Z R U T H L N O
Q P T T R I C K O R T R E A T Q X A O T
R U Z K U F S E L P P A X N D Z M S R E
U M P K E M O N M U T U A K N A R P A L
M P A Z F Z E T U Z H P C E Q Y U B N E
A K R J A N D S Z C D H B N Y P M Z G K
S I T D S R X J T N E M E S U M A M E S
K N Y L A C E I U O U B P T N H S F U E
T S H C S U W I S T P S M E E A T O K M
D C U T H W K C R E S P Y I T Y S A C A
U L A F A V Y R U T C I R N H R O Q A G
A B P T D K B B O J P D T D G I H A L B
N E E W O L L A H Z P E M K I D G P B D
J E U O W X R D W W I R U G R E N R M U
O J P I S F O O B E R A C S F G H B Y W
X S R C K Y D N A C T H G I N O P I H H

AMUSEMENT
BATS
CANDY
DRACULA
FRANKENSTEIN
GHOSTS
HARVEST
MONSTER
OCTOBER
PRANK
SCARE
SPIDER
WITCH

APPLES
BLACK
CAT
EERIE
FRIGHTEN
GOBLIN
HAYRIDE
MUMMY
ORANGE
PUMPKINS
SHADOWS
SPOOKY

AUTUMN
BOO
COSTUMES
EXCITEMENT
GAMES
HALLOWEEN
MASK
NIGHT
PARTY
SAFE
SKELETON
TRICKORTREAT

